

Patient Product Information

TriLyte[®] with flavor packs

(PEG-3350, sodium chloride, sodium bicarbonate and potassium chloride for oral solution)

What is TriLyte with flavor packs?

TriLyte with flavor packs is a solution (PEG lavage) that cleanses the bowel in preparation for a colonoscopy.

What flavors are available with TriLyte with flavor packs?

TriLyte with flavor packs features five flavors—Lemon Lime, Orange, Pineapple, Cherry and Citrus Berry.

How should I take TriLyte with flavor packs?

TriLyte with flavor packs should be taken in an eight-ounce glass every 10 minutes and drunk rapidly (not in small sips) according to your physician's instructions.

How long does it take to work?

TriLyte with flavor packs begins to work in about an hour. The whole process takes approximately four to six hours.

Can children take TriLyte with flavor packs?

Yes, children six months and older can take the solution according to the physician's instructions.

What are the side effects of TriLyte with flavor packs?

Nausea, abdominal fullness, and bloating occur in up to 50% of patients. Abdominal cramps, vomiting and anal irritation occur less frequently. Side effects are temporary and subside quickly.

As with all polyethylene glycol (PEG) lavages, nausea, abdominal fullness, and bloating are the most common adverse reactions, occurring in up to 50% of patients. Oral medication administered within 1 hour of the start of administration of TriLyte with flavor packs may be flushed from the gastrointestinal tract and not absorbed.

Ask your healthcare professional whether TriLyte with flavor packs is right for you.

For complete prescribing information for TriLyte with flavor packs, visit www.yourcolonhealth.com or www.trilyte.com.



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How do I prepare the solution?

The solution can be used with or without flavor packs. The flavor packs are designed to make the solution taste better. Prepare the solution as follows:

1. To add flavor, tear open one flavor pack at the indicated marking and pour contents into the bottle BEFORE adding water. Discard unused flavor packs.
2. SHAKE WELL to incorporate flavoring into the powder.
3. Add LUKEWARM tap water to the top of the FILL line marked 4 liters.
4. Replace cap tightly and SHAKE WELL until all ingredients have dissolved.
5. No additional ingredients, for example, flavorings, should be added to the solution.

IMPORTANT NOTES:

If you are NOT using a flavor pack, omit steps 1 and 2 above.

Lukewarm tap water should be used to prepare the solution. After the solution is mixed, it can be chilled in the refrigerator to make it more pleasant to drink. It is NOT recommended that a chilled solution be given to infants. The solution should be used within 48 hours of mixing. Discard any unused portions.

If you have any questions, talk to your healthcare professional. He or she is always the best source of information and advice.

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